SCHEDULE

Learn About Summit Sessions & Speakers

12:30 PM Registration

1:00 PM KEYNOTE CONVERSATION

From Algorithms to Emotions:
Youth Mental Health in a Digital World

Dr. Aliza Pressman and Larz May

Wolfson Auditorium

2:30 PM

ADULT BREAKOUT SESSIONS

The Art of Getting Teens to Talk: Eye Rolls, One-Word Answers & Everything in Between

Monica Wagenberg and Dr. Jessica Dahan

Room 201

Who We Are in the Room: Authenticity, Identity and the Therapeutic Relationship

Dr. Melissa Spann

Boardroom

Raising AI-Aware Kids: A Practical Guide for Parents and Families

Dr. Leonard Simon

Room 204

Using Humor to Navigate Stress in Parenting

Jami Young and Michael Panzeca

Room 203

STUDENT BREAKOUT SESSIONS

Move, Connect, Create: The WAO Experience

Lucia Toer

Wolfson Auditorium

My Brain Has 20 Tabs Open: Finding Calm in the Chaos

Mercedes Ben moha

Library

Developing Media Intelligence: Don't Get Played

Stephanie Africk and Genevieve Rossi

Youth Lounge

JOINT ADULT & STUDENT BREAKOUT SESSION

The Spice of Life: Using the Kitchen as a Tool for Mental Health

Joshua Kligler and Yaniv Cohen (The Spice Detective)

Cafeteria

3:45 PM Resource Fair

4:15 PM No Filter: Navigating Life, Identity and Mental Health: A Panel Conversation

Wolfson Auditorium

5:00 PM Closing. Thank you for coming!

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