

Blessings for a New Year

*May you be blessed with sudden insights and inspiration
May you be graced with quiet moments of simplicity and reflection
May you be supported by your loved ones when you need them
May you be a source of strength to those around you
May you received embraces from parents, children, and long lost
friends.
May you cry at a good movie with a person you love
May you read a newspaper and react to injustice- both in mind
and deed
May you pick up a hobby that you have always wanted to do
May you say goodbye to habits and thoughts that have become a
burden for you
May you forgive those who have hurt you, and
May you have the courage to make amends when needed
May you take a long awaited trip, maybe to Israel
May you travel to new places inside yourself
May you win the lottery! And then...
May you build the world you have always wanted for yourself and
others
May you have late mornings with a good cup of coffee, and enjoy
the fresh air, and
May you feel healthy- physically, emotionally, and spiritually
May you hear the joy and the sorrow of this great universe in
which we live*

...And may you -and us all- be blessed with peace.

Shanah Tova U'Metukah- A Happy and Sweet New Year

-Rabbi Frederick L Klein