

CONVERSION TABLES

Miles in kilometers										
1 mile = 1.609 kilometers (km.)										
miles	10	20	30	40	50	60	70	80	90	100
km.	16	32	48	64	80	97	113	129	145	161

Kilometers into miles										
1 kilometer (km.) = 0.62 miles										
km.	10	20	30	40	50	60	70	80	90	100
miles	6	12	19	25	31	37	44	50	56	62

Fluid measures										
1 liter (l.) = 0.88 imp. quart or 1.06 U.S. quart										
1 imp. quart = 1.14 l.										
1 imp. gallon = 4.55 l.										
1 U.S. quart = 0.95 l.										
1 U.S. gallon = 3.8 l.										
liters	5	10	15	20	25	30	35	40	45	50
imp.gal.	1.1	2.2	3.3	4.4	5.5	6.6	7.7	8.8	9.9	11.0
US gal.	1.3	2.6	3.9	5.2	6.5	7.8	9.1	10.4	11.7	13.0

Weights and measures										
1 kilogram or kilo (kg.) = 1000 grams (g.)										
100 g. = 3.5 oz.										
200 g. = 7.0 oz										
1 oz. = 28.35 g.										
1 lb. = 453.60 g.										
½ kg = 1.1 lb.										
1 kg. = 2.2 lb.										

Temperature	
To convert Centigrade into degrees Fahrenheit, multiply Centigrade by 1.8 and add 32. To convert degrees Fahrenheit into Centigrade, subtract 32 from Fahrenheit and divide by 1.8.	
C°	F°
40	105
36.8	98.6
35	95
30	86
25	77
20	68
15	59
10	50
5	41
0	32
-5	23
-10	14

Centimeters and inches												
To change centimeters into inches, multiply by .39.												
To change inches into centimeters, multiply by 2.54.												
	in.	feet	yards									
1mm	0.039	0.003	0.001									
1cm	0.39	0.03	0.01									
1dm	3.94	0.32	0.10									
1m	39.40	3.28	1.09									
cm.	1	2	3	4	5	6	7	8	9	10	11	12
inches		1		2		3		4				